



Hypnosis Via Telehealth Services
**Now Accepting Hypnosis Clients Via Telehealth
 During the COVID19 Emergency**

How hypnosis via telehealth works

Schedule an online appointment with our resident hypnotist Charles Bender via text or telephone at (405) 626-6696. He will then send you an invitation to our HIPPA compliant online patient portal app PracticeBetter.io via email. There you will complete several online documents to initiate your client status and insure we have all up to date information about you and your situation.

At the time of your online appointment you will meet in real time with Charles via our secure video conferencing software to discuss your specific goals and needs for hypnotherapy. Note to those without a smartphone or computer you can elect to meet via telephone instead. However, you will need some way to download and listen to an mp3 audio recording after your meeting.

After your online appointment with Charles, he will record a high quality fully customized hypnotic recording just for you. He will then send you a link to download the recording via text and/or email. You must have access to a an mp3 audio player which most smartphones, tablets and computers have built in. You will then listen to your custom recording daily for the following 14 days.

Why do we use digital recordings instead of live video chat?

Due to the unpredictable nature of Internet connectivity it is our experience that using high quality audio records insures no inadvertent disconnections during the hypnotic trance state.

We can help with

Anxiety	Pandemic Phobias
Depression	Sleeplessness
Stress/ Hypertension	Pain Management
Unwanted Habits	Relationship Issues
Undesirable Spontaneous Behaviors	Sport Performance